



## BodyTalk South Africa ~ Newsletter Issue no: 9 ~ December 2007

### NEW ACCESS TRAINER

We are delighted to join Olivia Pinto, Senior BodyTalk Instructor, in extending our congratulations to Eugene Botha, PaRama BP, from Johannesburg, on graduating as an Access Trainer in November.

### BODYTALK IN SOUTH AFRICA 2007

2007 has been an exciting year for BodyTalk in South Africa and we now have an impressive number of Access Technicians, Certified BodyTalk Practitioners, PaRama Practitioners, Access Trainers and Instructors. In March a new organisation was formed called BodyTalk South Africa, to support the technicians, practitioners and instructors throughout the country. We have welcomed many international instructors to our shores and we feel especially privileged to have hosted the first Access for Animals course by Ange Trenga, and the first Body Chemistry Specifics course outside USA delivered by Dr Marita Küfe who developed it.

In August 13 BodyTalk Practitioners flew out of South Africa to attend the [2007 Conference of the International BodyTalk Association \(IBA\)](#) at Clearwater, Florida, USA. Debbie Zacharias, Access Trainer & PaRama BP, tells us how she enjoyed it:

"I approached the conference with an attitude of adventure and discovery, so it was no surprise that I "put a request" on the Forum for a roommate from a non-South African part of the BodyTalk world. My roommate was a wonderful lady and fellow Access Trainer from Canada so I got to hear all about living in a really cold climate with daily temperature extremes of -30 to + 20 degrees Celsius, WOW I can hardly perceive this let alone imagine myself living in this environment. Her animal stories of Moose, bear and wolves fascinated me. Sharing global experiences of life and BodyTalk became the daily norm during the conference, emphasising the universal nature of our needs, wants and dreams.

The conference proceedings assumed different levels of activity from the intense one day instructor meeting to the lobbying and fever pitch activity during the main conference, as people from all over the globe made arrangements for courses into the New Year, socialised, laughed, cried, participated in a global BodyTalk matrix session and relaxed with reciprocal yoga on the beach. We were amazed and humbled by the unique, scientifically validated BodyTalk System - during an incredible day shared with James Oschman, Biophysicist -published in 26 countries, who systematically explained how the tangibly intangible BodyTalk System, which harnesses "energy, the currency of all interactions in nature", uses the science and physics of many hundreds of years "to communicate with the energetic pathways in the body and to turn on the right switches to harness the body's ability to heal spontaneously".

The feedback on Dr John Veltheim's research project in India gave visual confirmation of how the effect of BodyTalk can be measured within the bodymind, using scientifically acknowledged devices. The IBA feedback on member research, marketing and the future direction of BodyTalk provided grounding substance for all practitioners."

John Veltheim's research project in India was described in our January 2007 Newsletter. Morag Bromfield, CBI & PaRama BP, enlarged on the energy research conducted by Dr Thornton Streeter and Mark Abadi. "The accuracy of John and BodyTalk was the most conclusive that Mark and Thornton had experienced, using the PIP scanner, which uses photons to capture the energy field. A panel discussion followed with questions from the floor, answered by Oschman, Streeter, Abadi, and John Veltheim - a most interesting day."

Although the days were filled with BodyTalk activities there was plenty of opportunity for those attending the conference to socialise and unwind. Morag describes it for us:-

"Clearwater is a typical American seaside town, with many restaurants geared for the tourists! The beaches are long stretches of pristine, white sand, with very warm water and no waves. The highlight for me was swimming with dolphins most mornings, while watching a crimson sunrise from the sea. For others, it was Yoga on the beach

at sunrise. Interestingly enough, the sun went down over the sea there - not too many places where one can experience sunrise and sunset from the same vantage point!

Transport around the town was either on a Jolly Roger, an open trolley or by bus, which we chose because they were air conditioned. (Even the Durbanites found Florida hot!) The evenings were lots of fun, with various activities available. A sunset cruise with dinner on the boat proved a highlight, as did the Beach Party for the Conference delegates, dancing on the sand while watching the sunset. It was such a treat getting to know so many BodyTalkers who until then had merely been names on the forum. It was a wonderful experience which I would highly recommend!"

#### BODY CHEMISTRY SPECIFICS, Cape Town October 2007

"Marita Küfe launched the latest in IBA developments, Body Chemistry Specifics, in Cape Town in October. The course deals with biophysics – certain frequencies and their ability to resonate within the body. It addresses the difference between when a frequency is resonating properly and when it needs to be neutralized. Body Chemistry Specifics uses this EMF technology, harnessed in a glass vial, and combines it with the balancing capabilities of the BodyTalk System. Body Chemistry then effectively addresses medication, addictions, anaphylactic shock, diabetes, hormones, neurotransmitters, vaccinations, homeopathic remedies, Bach Flower, colour, fragrance, sound, etc. We learnt how to ask very specific questions within these categories.

Body Chemistry further explores the fundamental substances of life, including Protein, Sugar, B-Complex, Vitamin C, Calcium, Fats, and Trace Minerals. With BodyTalk, the body can be taught to resonate with these substances to assimilate the necessary vital nutrients from even trace amounts in certain foods. Body Chemistry restructures the body at the cellular level.

John Veltheim felt this course was so valuable and comprehensive that it will be documented in a DVD. We are really grateful to Marita for coming to SA. A great teacher with an awesome course packed full of information and knowledge!!! A must for all BodyTalk practitioners!"

Pippa Dyson CBP

Wilma Grobbelaar CBI wrote on the IBA Forum:-

"What a special experience this was. Do not miss the opportunity, it does not matter how much knowledge you have. The blend of the material presented by an expert such as Marita with her love and passion for BodyTalk and the integration of many years of experience is that crucial drop of water that ripples with clarity through all of what we have learned so far. This is definitely my favourite course!! Thank you Marita for teaching this course in South Africa."

If you are interested in learning BodyTalk Access or the basic Modules 1 & 2, or taking other courses, below is our

### Summary of BodyTalk Courses Available to the Public 2008

Location	FREE PUBLIC PRESENTATIONS	BodyTalk Access One-Day Courses	Modules 1 & 2	Other courses available
Cape Town	7 March BreakThrough Pres	26 January 16 February 15 March	14-17 February	8-9 March BreakThrough 1
Johannesburg	14 March BreakThrough Pres	17 February 16 March	25-28 February	15-16 March BreakThrough 1
Pretoria	22 February Mindscape Intro	19 February 2 February		23-24 February Mindscape
Durban	21 March BreakThrough Pres 7 November Mindscape Intro		21-24 February 28-31 March	22-23 March BreakThrough 1 8-9 November Mindscape
Port Elizabeth			7-10 February	

For details of all courses and presentations listed above please check the website

[www.bodytalksystem.co.za](http://www.bodytalksystem.co.za) in the Seminars & Training Schedule

Thought for the day: "Kind words can be short and easy to speak but their echoes are truly endless".

*Mother Theresa*

Until our next Newsletter we wish you good health

[www.bodytalksystem.com](http://www.bodytalksystem.com) [www.bodytalksystem.co.za](http://www.bodytalksystem.co.za)