



BodyTalk South Africa ~ Newsletter Issue no: 8 ~ August 2007

NEW CERTIFIED BODYTALK INSTRUCTOR

We are delighted to extend our congratulations to Taryn Edge, ParBP, Access Trainer, and now qualified Certified BodyTalk Instructor from Durban, and to Eugene Botha, ParBP from Johannesburg, who is now authorised to examine students taking their CBP exam.

BODYTALK MODULES 1 AND 2 TAUGHT AT A SOUTH AFRICAN UNIVERSITY

The University of Western Cape, South Africa, has included BodyTalk Modules 1 & 2 into the 5th year curriculum for the degree in Naturopathy. Wilma Grobbelaar, CBI commenced training 8 students on July 16. The course will be offered to Naturopathy students over a period of 8 weeks.

Wilma commented, "Two of the students are specializing in emergency care and they will be able to use BodyTalk during their 18 months practical in emergency rooms, ambulance duty etc".

SPONTANEOUS HEALING COURSE - UNISA

Felicity Green CBI gave a lecture, for the second year, on BodyTalk at the Spontaneous Healing Course at UNISA on Sat 4 Aug. There are 12 modalities, being offered over four Saturdays, to introduce people to all that is available in complementary health. Last year there were about 70 students, mostly from the medical profession, and it is anticipated this year the number of students will have doubled.

ANIMALTALK ACCESS IN CAPE TOWN

The first ever AnimalTalk Access course to be held in the world, took place in Cape Town on 18/19th June 2007. The 11 participants, ranging from corporate attorney and CBPs to two children aged 7 and 9 years who were part of a family group, enjoyed the course. All people and animal participants became visibly more relaxed, moved more freely, and displayed less calming signals as the hands-on practical day progressed. Six dogs started the day separated into different enclosures, being cognisant of their needs for having their "own space", and by mid morning all people and animals were sharing a common space comfortably. Highlights of this great course were working hands-on with all the dogs, learning the invaluable Animal Access techniques, what calming and stress signals to observe in the process, and the power of interspecies interaction.

Debbie Zacharias, ParBP, Access Trainer, Cape Town

Ange Trenga CBI, who instructed the course, subsequently worked with dolphins, seals, turtles and snakes, cheetahs and elephants at various reserves while she was in South Africa, which she describes as an amazing experience. Staff at the reserves were very enthusiastic to learn the Access techniques and it took several hands to cover the head of the elephants and a platform to reach the heart!!! Ange says she is absolutely buzzing from witnessing some of the most powerful shifts she's seen in BodyTalk and from the incredible opportunity to work directly with some of the most beautiful animals she's ever been with in her life!

ANIMALTALK STAND AT CAT SHOW IN CAPE TOWN

George Zacharias hosted an AnimalTalk stand, to promote increased awareness of the benefits of The BodyTalk System™ for people and animals, at the Cat Show on 4th August 2007 in Cape Town, where 200 or so cats were expected. TEARS animal shelter was the recipient charity of food and donations from the day. For further information contact George 082 418 3000.

STATISTICS FROM THE INTERNATIONAL BODYTALK ASSOCIATION

The IBA recently released some interesting statistics about BodyTalk:

BodyTalk has been taught in 36 countries, in 6 languages, and BodyTalkers now live in 38 countries. In South Africa we have 114 members of the IBA using BodyTalk in their practices, of whom 105 are Certified BodyTalk Practitioners, making South Africa one of the fastest growing BodyTalk countries after Germany, with around 10% of the world's practising members.

One of the IBA's proudest accomplishments... Since the conception of BodyTalk Access at the 2005 Members' Conference, 5565 people have graduated as BodyTalk Access Technicians. That's an average of 8 people per day and a healthy proportion of those have been South African!

2007 IBA MEMBERS' CONFERENCE

Several South African BodyTalk practitioners and instructors will be attending this year's conference in USA this month, where they look forward to hearing the results of the founder, Dr John Veltheim's visit to India earlier this year. John was

invited to a research facility in India in January to conduct intensive research involving the BodyTalk System (further details of his visit can be found in our January 2007 newsletter on this site).

BODYTALK EVENTS

You will shortly be able to view a new Events page on our www.bodytalksystem.co.za website. This will list BodyTalk activities such as Public Talks and Presentations, Wellness Days etc, but will not include details of courses, which will still be accessed on the Seminars & Training Schedule of the website.

CASE STUDIES & TESTIMONIALS

The Power of The Access Programme

I have been doing a home visit once a week for a man who has a spastic hemiplegia on the left side - 2 years duration. I was called on to do acupuncture for his painful shoulder, as the regular physiotherapy has not helped. I used acupuncture points that have a general balancing effect and mainly needled his unaffected side, because needle insertion tended to cause more spasticity. I also did the Access programme.

Today was the sixth visit and I was asked to come earlier as he was going to the bowling club to have lunch with his mates whom he hasn't seen since the stroke. He has been able to sit in the chair for several hours and his depression has lifted. When sitting he is also aware that he is now able to rest his elbow on the armrest indicating that the shoulder is loosening up.

Christine McNair, ParBP, Access Trainer, Johannesburg

The Story of Beanie

Beanie is our Nooitgedacht pony. Late in her pregnancy, in June 2006, she was diagnosed with a ruptured hernia in her abdomen, through which part of her uterus was protruding. The vets at Onderstepoort managed to induce labour and pull the foal out, then their main aim was to keep Beanie alive, in order to get the foal on her feet and old enough to survive without her mother. The prognosis was very negative and they all agreed that we should consider euthanasia for Beanie. They informed us that they could do a hernia repair operation, but these seldom worked in horses due to the tremendous weight bearing down on the repair.

At this stage, while driving to visit Beanie one afternoon, I heard a talk on the radio about BodyTalk. That week I went to a talk by Dr John Veltheim and followed this with a visit to a BodyTalk Practitioner, Christine McNair.

Christine did a surrogate session on me - a performance session, which can facilitate a good outcome.

Soon after this, a Vet arrived at Onderstepoort from the USA. He indicated that he would like to attempt the hernia repair on Beanie. We were told again that the chances of success were not good. The repair operation was carried out some weeks later and I visited Beanie the day following the surgery. I had just attended a BodyTalk Access Workshop and used the 5 techniques I had learnt on Beanie - I tapped her, as I would have a person.

The Vets were amazed at Beanie's progress. She stood up fairly soon after the operation (which is unusual), and has continued to go from strength to strength. Onderstepoort cite Beanie as their "miracle case".

Beanie is now back at our farm with her foal, Jelly Bean, and both are thriving. Beanie runs, bucks, kicks and rolls, and the repair has remained fully intact, with no problems.

Trish van der Nest, Johannesburg

Summary of Courses Available to the Public 2007

Location	FREE PUBLIC PRESENTATIONS	BodyTalk Access One-Day Courses	Modules 1 & 2	Other courses available
Cape Town	9 November MindScape	4 August 8 September 3 November	24-27 November	10-11 November MindScape
Johannesburg	20 September BreakThrough	12 August 16 September 21 October 18 November	22-23 September 15-18 November	22-23 Sept BreakThrough 1
Pretoria	18 September BreakThrough		8-11 November	
Durban	13 September BreakThrough			13-16 Sept BreakThrough 1
East London			27-30 September	

For details of all courses and presentations listed above please check the website

www.bodytalksystem.co.za in the Seminars & Training Schedule

Thought for the day: "The only way to see a rainbow is to look through the rain". Anon

Until our next Newsletter we wish you good health

www.bodytalksystem.com www.bodytalksystem.co.za